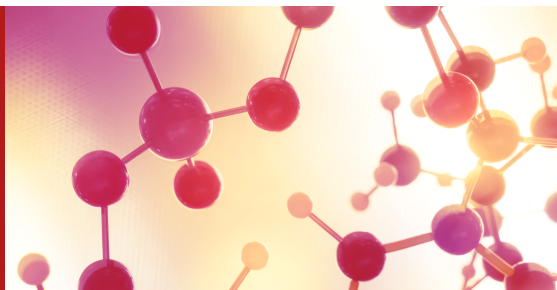




Now Recruiting

Healthy Adults for Biomarker Study



Who is Eligible? Healthy adults between 18-70 years old

Who is NOT eligible?

- Lingering symptoms of COVID-19
- Pregnancy/breastfeeding
- Tobacco use, substance abuse issues, or current blood thinner use
- Depression diagnosis or history of psychiatric hospitalization
- Significant medical conditions (severe asthma, uncontrolled hypertension, endocrine or metabolic disease, HIV or organic brain impairment, autoimmune disease, diabetes)
- Unable to discontinue aspirin/NSAIDs (4 days), supplements (2 weeks), or cannabis (2 weeks)
- Regular exercise (4+ days/week, 30+ minutes) or physically demanding job

What must you do?

- Have a phone call with us to determine eligibility for the study--about 15 minutes.
- Reading and signing the informed consent form--about 10 minutes.
- Complete questionnaires about your health/medical history--about 60 minutes.
- Complete a clinic visit: The visit consists of completing three brief survey forms and donating blood (up to approximately 6 tablespoons)--about 15 minutes.

Where is the testing being done?

Human Metabolic Research Unit, Cornell University, Ithaca, New York

What will you get?

If you qualify, you will receive a \$50 gift card upon completion of the study.

How long will this take?

Total time commitment is less than 2 hours, not including travel to and from the test site.

How can I sign up or get more info?

Contact study coordinator Carl Franconi at



607-255-7244

or



carl.franconi@cornell.edu



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